

BOGIES

by BOB ROSBURG



Keep the swing smooth and sleek, but more compact and spright than for woods. Keep control of the grip throughout and the elbows, particularly the left, close to the body.

There's an iron made for each shot up to about 190

Be sure to use the iron designed for the distance required.

Rides Victory

You're two laps from the race in history, and you're the best pursuer. Then you blow

Heisner 3rd At York AC

BUFFALO — Bob Heisner, one of five Niagara Falls youths competing in the Western New York High School weightlifting championships,

weighting championships, placed third in the 165-pound class Saturday night at the York Athletic Club.

Heisner, a North Junior High School student, lifted 465 pounds in his first tournament competition.

Other Falls boys in the tournament included Bob

Juron Niagara Falls High, who lifted 555 pounds in the 148-pound class; Charlie Glover, Niagara Falls High, 515 pounds in the 161-pound class; Brian Gillis, North Junior, 300 pounds in the 123-pound class; and Jack Kennedy, North Junior, 415 pounds in the 148-pound class.

All but Juron were competing in their first tournament. Juron was lifting for the first time in the 148 pound class after moving up from 135.

The five boys are coached by Sgt. Chris Fluellen, Central YMCA weightlifting instructor.

Will Play Exhibition

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295

UP

VERDICT



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